

Weightline News May 2004

[Cycling Needs To Gain Traction As Travel Mode](#) (*Chicago Tribune*)

[Sesame Street, Frist, Wyden Unveil Effort to Reduce Childhood Obesity](#) (*Frist.senate.gov*)

[Workshop to Explore Portsmouth's 'Walkability'](#) (*East Bay Newspapers*)

[Global Diet Strategy Adopted-WHO Approves Blueprint For Battling Obesity](#) (*Cnn.com*)

[Double Your Fun -Couples Can Play Together -- If They Work at It](#) (*The Washington Post*)

[Winded and Weary? It's Time To Update Your Stroke](#) (*The Washington Post*)

[Health Clubs Lobby for Tax Breaks on Dues](#) (*The Washington Post*)

[A Trail of Rage](#) (*The Washington Post*)

[Feel the Summer Burn](#) (*The Washington Post*)

[Count Footsteps and Calories \[http://www.stamfordadvocate.com/features/health/ats-ap_health13may27,0,277382.story?coll=sns-health-headlines\]\(http://www.stamfordadvocate.com/features/health/ats-ap_health13may27,0,277382.story?coll=sns-health-headlines\)](#) (*The Stamford Advocate*)

[Extra 4,000 Steps A Day Confer Benefits](#) (*Redding.com*)

[State Should Follow City's Lead On Trails](#) (*Indianapolis Star*)

[Fitting Exercise Into A Busy Life](#) (*The Denver Post*)

[Fighting the Baby Fat](#) (*Good Housekeeping*)

[Exercise For Bodies And Minds -National Program Gives Kids Motivation To Keep Working Out](#) (*New Jersey Star-Ledger*)

[Wait, Wait, That's Heavy -Guidelines for Strength Training in Children Focus on Supervision](#) (*The Washington Post*)

[The ABC's Of Obesity](#) (*The Oregonian*)

[Senior Centers Shift From Bingo to Fitness](#) (*The Herald Sun*)

[Fairhill Fanatics Make Fitness Fun -At Elementary School, Concern About Childhood Obesity Prompts Voluntary Exercise Program](#) (*The Washington Post*)

[For Youths, Adventure In The Air](#) (*Philadelphia Inquirer*)

[Kicks A Pound Out Of Her Life](#) (*The New York Daily News*)

[League Honors Eleven New Bicycle-Friendly Communities to Kick Off National Bike Month](#) (*Bikemag.com*)

[Study: Ohio Teen Health Habits Improve](#) (*Kansas City Star*)

[Late-Season Report](#) (*The Washington Post*)

[State Tells Residents: It's Time To Get Off The Couch](#) (*Detroit Free Press*)

[A hidden jolt of calories](#) (*LA Times*)

[Meal gazing](#) (*Washington Post*)

[Mindless calories](#) (*Chicago Tribune*)

[Look before you leap into the low carb craze](#) (IBS news)

[The low carb conondrum](#) (*AlterNet*)

[It's not PMS, I'm just hungry](#) (*Chicago Tribune*)

[Some coffee creations long on taste, calories](#) (*Omaha World Herald*)

[Morning meal fuels the body in many important ways](#) (*Seattle Times*)

[Searching for a diet that works](#) (*MSNBC*)

[The right weigh: Atkins stirs up diet debate](#) (*The Telegraph*)

[Is low carb king?](#) (*ABC News*)

[Low carb losing steam](#) (*Washington Post*)

[Week 8: Reaching the finish line](#) (*Washington Post*)

[Super size, super sugar, super scary](#) (*London Free Press*)

[Forget fad diets](#) (*Richmond.com*)

[Faith and the fork](#) (*Sign on San Diego*)

[Just ask us](#) (*Wichita Eagle*)

[Getting off the road to obesity](#) (*Institute of Food Technology*)

[Video games dance off extra pounds](#) (*USA Today*)

[Grabbing a quick bite nabs more calories](#) (*USDA*)

[Slim down your fast food choices](#) (*The Olympian*)

[Lighten up programs push small steps toward better health](#) (*AZ Central.com*)

[Here's to your health \(fiber\)](#) (*The Elk Valley Times*)

[Nutritional checkups](#) (*Deseret News*)

[Panel: Count footsteps and calories](#) (*Washington Post*)

[Guard officials stress physical fitness](#) (*Air Force Link*)